



PATIENT: **Sample Report**

TEST REF: **TST-##-####**

TEST NUMBER: #####
PATIENT NUMBER: #####
GENDER: Female
AGE: 35
DATE OF BIRTH: dd-mm-yyyy

COLLECTED: dd/mm/yyyy
RECEIVED: dd/mm/yyyy
TESTED: dd/mm/yyyy

PRACTITIONER: **Nordic Laboratories**
ADDRESS:

TEST NAME: Histamine DAO

Test	Result	Unit	Reference Value
------	--------	------	-----------------

CLINICAL / Anamnestic data

Anamnesis **none**

Histamine Intolerance (HIT)

THAK **27.7** - % > 40

25% - 40%: restricted histamine degradation capacity. One may assume a limitation or impairment of the histamine degradation capacity in the patient.

Histamine is broken down in the body via the enzyme DAO (diamine oxidase) and histamine N-methyltransferase. The newly developed THAK test determines the total histamine degradation capacity, regardless of which degradation pathway is relevant. By this, it has clear diagnostic advantages against measurement of DAO activity or DAO concentration. Current research shows that THAK is independent of dietary histamine content and delivers reliable results under a histamine elimination diet.